

BIO: CAROL ENNEKING



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Carol Enneking is a force in modern leadership, a corporate warrior turned transformational guide for today's most influential organizations. She has not just studied leadership; she has lived it from both sides of the boardroom door.

For years, Carol coached executives and rising stars in over 100 global companies to lead with authenticity, courage, and clarity. But what sets her apart is what she did next: she stepped into a corporate role and joined the fray. Starting as a manager and rising to Vice President at a \$6B global company, Carol built credibility not just through expertise, but through influence, adaptability, and a deep commitment to integrity. Her journey from advising executives to being one brings a rare depth and authenticity to her work.

Carol's best-selling, award-winning book, *The Rebalancing Act: Wisdom from Working Women for Success that Matters*, captures the life lessons she has gathered along the way. It reflects her belief that success is not just about achievement; it is about aligning your work, your values, and your legacy.

Today, Carol brings this unmatched dual-lens perspective to stages and boardrooms across the country. Her signature message, "The Rebalancing Act™," empowers leaders, especially high-achieving women, to recalibrate how they show up in life and work. Her mission is to help organizations cultivate leadership cultures where performance and humanity thrive in harmony.

Carol's greatest delight is her family – her husband Eric, children Bradley, Bethany, her bonus daughter, Alyssa, and the world's best dog, a Great Pyrenees named Molly. Favorite things (in no particular order): family, live music, chocolate, dogs, 70s and 80s song lyrics, gathering with friends, mahjong, ice cream, traveling, trivia, faith, and history.