



carol enneking

SPEAKER • AUTHOR • ADVISOR

MASTERING THE REBALANCING ACT: A new Vision of Leadership

Carol Enneking is a force in modern leadership, a corporate warrior turned transformational guide for today's most influential organizations. She's not just studied leadership; she's lived it from both sides of the boardroom door.

For years, Carol coached executives and rising stars to lead with authenticity, courage, and clarity. But what sets her apart is what she did next: she joined the fray. Carol entered the corporate trenches, starting as a manager and rising to Vice President at a \$6B global company. She didn't just earn a title; she gained trust, built coalitions, and navigated power and politics with a rare mix of integrity and influence.

Today, Carol brings this unmatched dual-lens perspective to stages and boardrooms across the country. Her signature message, "The Rebalancing Act®," empowers leaders, especially high-achieving women, to recalibrate how they show up in life and work. Her mission is to help organizations cultivate leadership cultures where performance and humanity thrive in harmony.



Just what I needed to hear right now.

Thanks for sharing your critical insights!

Shawn Yates, *Engineering & Technology Manager,*
Baker Hughes

Carol's speaking engagement on unlocking career growth and fulfillment was **nothing short of exceptional.**

I highly recommend Carol as a speaker.

She is a wonderful, knowledgeable partner and a pleasure to work with.

Pooja Patankar, *HR Talent Management, Phillips66*

Carol is a powerful and impactful speaker. Her ability to share personal stories while also giving an audience tangible takeaways to improve their lives at work and home comes from decades of personal experience, challenges, and victories.

Tricia Brouk, *Award winning director, author, producer*



SIGNATURE MESSAGE: THE REBALANCING ACT®

The Rebalancing Act® is a leadership reset for ambitious professionals caught in the hustle spiral. Through storytelling, research, and tools grounded in experience, Carol challenges outdated norms about success, productivity, and presence. She reframes balance not as a myth—but as a muscle. And she shows leaders how to strengthen it.

Audiences walk away with:

- A fresh lens on "balance" as a dynamic leadership strategy, not just a personal goal
- Practical tools to align actions with core values
- A path to create space for impact without burnout





SPEAKING TOPICS

THE REBALANCING ACT: *How High-Achievers Reset Without Falling Behind*

This flagship keynote explores how today's top performers can redefine balance to drive sustainable success.

- Identify and eliminate "default leadership modes" that lead to burnout
- Learn how to realign energy with priorities during high-stress cycles
- Build a personal Rebalancing Blueprint™ to maintain clarity and confidence in any environment

LEADING WITHOUT THE MASK: *Courageous Leadership in Complex Times*

Carol explores the cost of inauthentic leadership and how true influence begins with vulnerability and conviction.

- Discover how authenticity can increase influence and engagement
- Recognize the signs of leadership fatigue and self-silencing
- Learn how to build trust as a leader without sacrificing authority

MENTOR TO POWER PLAYER: *Executive Presence That Moves the Room*

Presence isn't about charisma—it's about clarity, confidence, and command. This session teaches leaders how to amplify their voice and gravitas in every setting.

- Develop a compelling leadership narrative that resonates at all levels
- Learn to command a room without dominating it
- Refine your executive communication style for high-stakes interactions

THE POWER RESET: *Reclaiming Your Seat at the Table*

For women and underrepresented leaders navigating male-dominated environments, this keynote offers both empowerment and strategy.

- Understand systemic patterns that challenge equitable leadership—and how to counter them
- Learn strategic positioning skills to advocate without apology
- Build allyship and sponsorship networks that fuel long-term success



Why Corporations Book Carol

Carol Enneking's leadership messages don't just inspire—they initiate change. Her programs are ideal for corporate audiences seeking transformation at the executive, managerial, or team level. Whether as a mainstage keynote speaker or a leadership trainer for your top talent, Carol equips your people with tools they'll use immediately—and remember forever.

BOOK CAROL TO SPEAK:
info@carolenneking.com

